

Scripture Encouragement for Pregnancy & Birth



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{Making it impossible to not think about God}

Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

~Philippians 4:6-7



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But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me.

~2 Corinthians 12:9



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Be strong and courageous. Do not fear or be in dread of them, for it is the Lord your God who goes with you. He will not leave you or forsake you.

~Deuteronomy 31:6



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Seek the Lord and his strength; seek his presence continually.

~1 Chronicles 16:11



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You hem me in, behind and before, and lay your hand upon me...If I say, "Surely the darkness shall cover me, and the light about me be night," even the darkness is not dark to you; the night is bright as the day, for darkness is as light with you.

~Psalm 139:5, 11-12



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You keep him in perfect peace whose mind is stayed on you, because he trusts in you. Trust in the Lord forever, for the Lord God is an everlasting rock.

~Isaiah 26:3-4

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Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you. Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world. And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you. To him be the dominion forever and ever. Amen.

~1 Peter 5:6-11



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He gives power to the faint, and to him who has no might he increases strength. Even youths shall faint and be weary, and young men shall fall exhausted; but they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint...For I, the Lord your God, hold your right hand; it is I who say to you, "Fear not, I am the one who helps you."

~Isaiah 40:29-31, 41:13



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Come to me, all who labor and are heavy laden, and I will give you rest.

~Matthew 11:28



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Therefore do not throw away your confidence, which has a great reward. For you have need of endurance, so that when you have done the will of God, you may receive what is promised.

~Hebrews 10:35-36



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Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.

~Psalm 42:11



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And let us not grow weary of doing good, for in due season we will reap, if we do not give up.

~Galatians 6:9

Encouragement for *Motherhood*

“Here is a sweet fragrant mouth to kiss;
here are two more feet to make music with their pattering about my nursery.

Here is a soul to train for God;
and the body in which it dwells is worthy all it will cost,
since it is the abode of a kingly tenant.

I may see less of friends,
but I have gained one dearer than them all,
whom, while I minister in Christ’s name,
I make a willing sacrifice of what little leisure for my own recreation my other darlings had left me.

Yes, my precious baby, you are welcome to your mother’s heart,
welcome to her time, her strength, her health, her tenderest cares, to her lifelong prayers!

Oh, how rich I am, how truly, how wondrously blest.”

-- Elizabeth Prentiss, *Stepping Heavenward*.